



National Screening, Brief Intervention & Referral to Treatment

ATTC

Addiction Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

SBIRT Youth Learning Community

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January 26, 2016



Learning Objectives

- Learners will differentiate between youth SBIRT in juvenile justice settings and adult models.
- Learners will identify the Reclaiming Futures SBIRT JJ sites and its implementation setting and characteristics.
- Learners will recognize the special implementation considerations relevant for SBIRT JJ.



History of SBIRT and Brief Interventions

- The field of Youth SBIRT was launched on the success of adult SBIRT (Harris, 2015)
- MET/CBT 5 and the Cannabis Youth Treatment Initiative (Dennis, et. al., 2003)
- Dr. Ken Winter's Teen Intervene Model
- SAMHSA SBIRT Study (Brief MI, Mitchel et al. 2012)
- Project Chat (20 min MI - D'amico et al., 2008)
- Columbia University's Teen Screen



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Polling Question

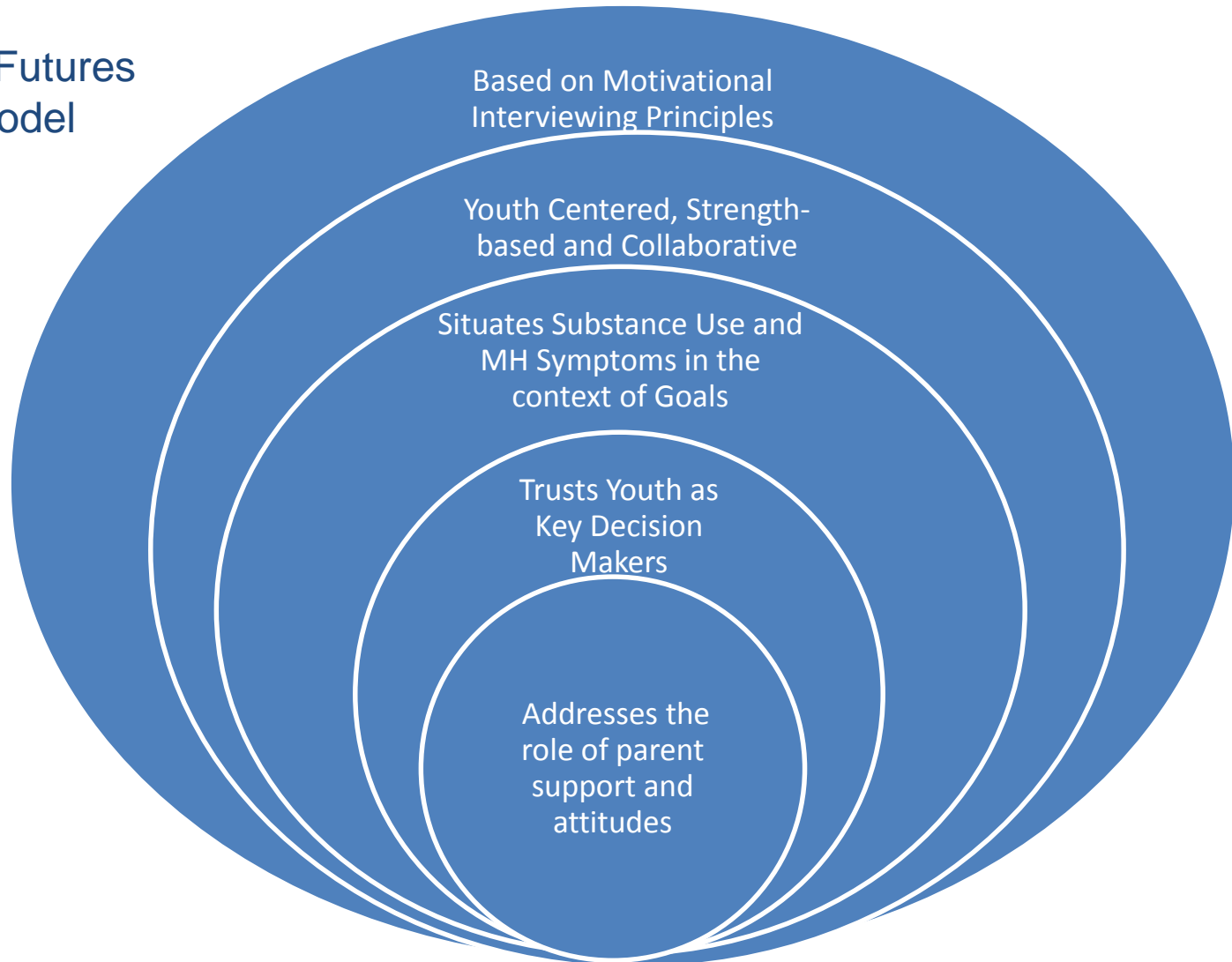


Fundamental Differences between Adult and Youth versions of SBIRT

- Differences between adult and youth drug treatment apply to SBIRT as well
- The role of discussing norms with client
- Importance of a motivational element
- The adolescent brain and the here and now
- Importance of family and peers
- Different expectations for outcomes?
- Duration and setting of BI

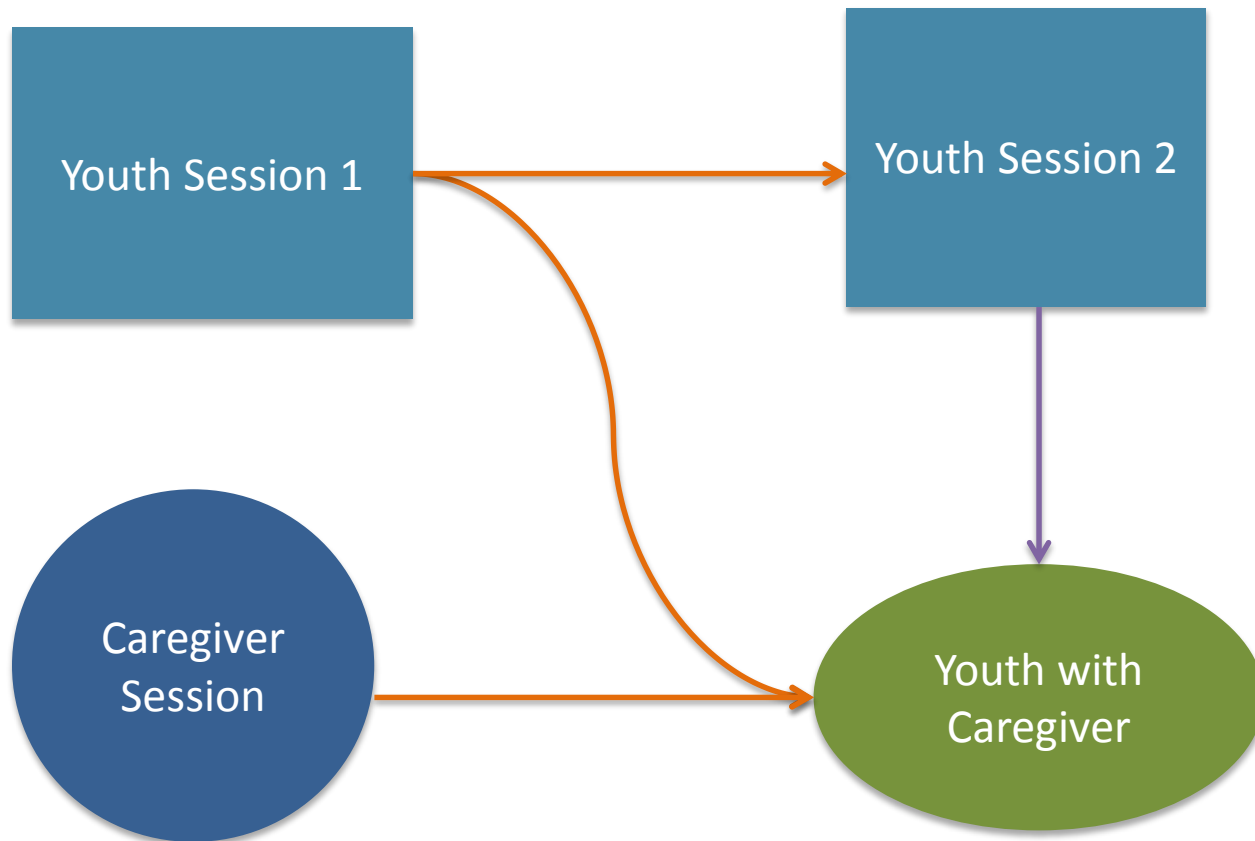


Reclaiming Futures SBIRT JJ Model





SBIRTJJ Brief Intervention Sequence





Reclaiming Futures SBIRT Initiative

- We are grantees in the Conrad N. Hilton Foundation's multi-year initiative
- A public health lens on juvenile justice
- Front-end diversion points are key public health interfaces
- We view prevention and front end JJ diversion as a parallel processes
- The challenge of disentangling risk and need at key decision points
- The risk of doing too much and too little



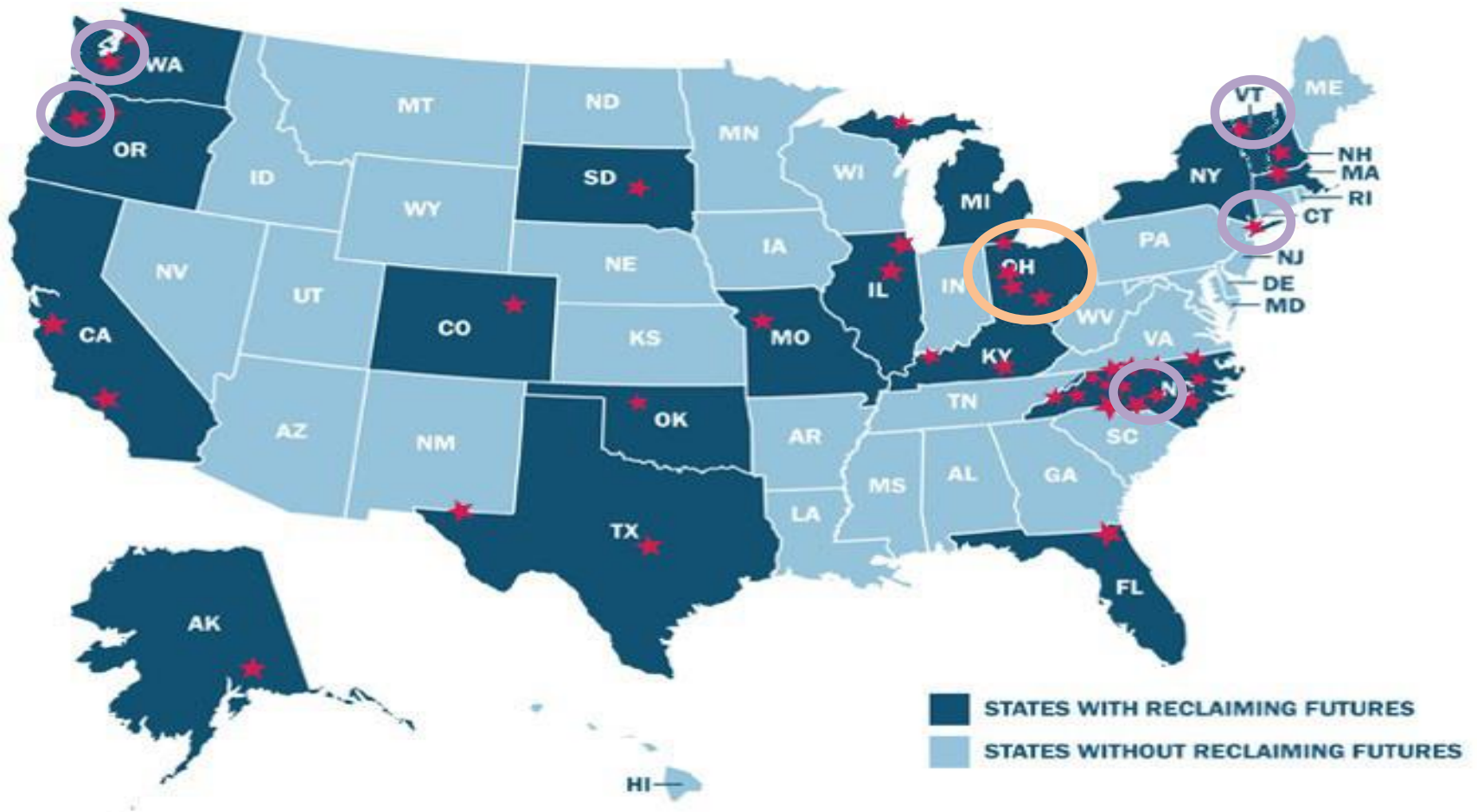
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Pause for Questions or Comments



Reclaiming Futures SBIRT JJ Sites





Implementation Descriptions

- Vermont – Informal probation diversion - Community Justice Center restorative alternative
- New York – Persons In Need of Supervision (PINS) Diversion
- North Carolina – School-based arrest diversion
- Oregon – Juvenile justice system, front-end, low risk youth (1st and 2nd arrest)
- Washington – Truancy court diversion program in middle schools
- Ohio – Initial trainings have not yet occurred



Staffing

- Probation officers/Juvenile counselors
- Prevention and behavioral health counselors/clinicians
- School resource officers



Training Approach

Type	Length of Training	Format	# of Trainers	# of Attendees	Level of Interaction
Basic Introductory	90 minutes	In-person or web-based	1-2	Up to 30	Low
Initial RF-SBIRT training	8 hours	In-person or web-based	2	Up to 15	High
Foundational Elements of Motivational Interviewing	8 hours	In-person or web-based	2	Up to 15	High
Operational Mapping	5 hours	In-person or web-based	1	Up to 10	High
Train-the-trainer	8 hours	In-person or web-based	2	Up to 15	High
Booster Sessions	90 minutes	In-person or web-based	1-2	Up to 30	Medium
Learning Collaborative Chalk-Talks	10-15 minutes	Web-based	1	Up to 30	Medium

Note: As the level of interaction increases so does the number of trainers plus it lowers the number of attendees that can be accommodated. **Level of Interaction:** Low = mostly didactic instruction; Medium = a mix of didactic instruction and interactive exercises; High = a high level of interactive instruction and exercises.



Learning Collaborative Approach

- Monthly call/webinar
- Three-way information sharing
 - National Office to grantees
 - Grantees to National Office
 - Grantees to grantees



Cross-Site Evaluation

- Two external evaluations underway:
 - Abt Associates
 - Impact Justice
- Youth survey data at three time points: baseline, 3- and 6-months post baseline
- Staff survey data at baseline and every 6-months thereafter for as long as he/she is involved with the SBIRT JJ



Cross-Site Evaluation

- Domains of interest:
 - Youth:
 - Strengths
 - Substance use
 - Mental health
 - Implementation (e.g., training; screenings; brief intervention; referrals)
 - Youth perception of intervention
 - Staff
 - Values and beliefs



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Polling Question



Special Considerations for Youth Populations involved in Juvenile Justice

- Assume higher baseline levels of use and symptoms
- Higher baseline level of trauma and situational distress
- Increased pressure to intervene with low and moderate youth
- Risk and need are often conflated
- Steps in standard public health sequence often skipped



Citations

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Acknowledgements & Disclaimer

- Acknowledgements: The authors wish to thank all the staff from the participating sites and the Conrad N. Hilton Foundation for funding this project.
- Disclaimer: This report was developed with assistance from funding provided by Conrad N. Hilton Foundation. The views expressed here are the authors, and do not necessarily represent the official policies of the Conrad N. Hilton; nor does mention of trade names, commercial practices, individuals, or organizations imply endorsement by the funding entities.