

**DAST-10<sup>®</sup>**

The questions included in the DAST-10 concern information about possible involvement with drugs not including alcoholic beverages during the past 12 months.

In the statements, “drug use” refers to (1) the use of prescribed or over the counter drugs in excess of the directions and (2) any non-medical use of drugs. The various classes of drugs may include: cannabis (marijuana, hashish), solvents, tranquilizers (e.g., Valium), barbiturates, cocaine, stimulants (e.g., speed) hallucinogens (e.g., LSD) or narcotics (e.g., heroin).

**In the past 12 months:**

**Circle response**

- |   |            |           |
|---|------------|-----------|
| 1. Have you used drugs other than those required for medical reasons?   | <b>Yes</b> | <b>No</b> |
| 2. Do you abuse more than one drug at a time?   | <b>Yes</b> | <b>No</b> |
| 3. Are you always able to stop using drugs when you want to?  | <b>Yes</b> | <b>No</b> |
| 4. Have you had “blackouts” or “flashbacks” as a result of your drug use?   | <b>Yes</b> | <b>No</b> |
| 5. Do you ever feel bad or guilty about your drug use?  | <b>Yes</b> | <b>No</b> |
| 6. Does your spouse (or parents) ever complain about your involvement with drugs?   | <b>Yes</b> | <b>No</b> |
| 7. Have you neglected your family because of your use of drugs?   | <b>Yes</b> | <b>No</b> |
| 8. Have you engaged in illegal activities in order to obtain drugs?   | <b>Yes</b> | <b>No</b> |
| 9. Have you ever experienced withdrawal symptoms (felt sick) when you stopped taking drugs?                                 | <b>Yes</b> | <b>No</b> |
| 10. Have you had medical problems as a result of your drug use (e.g., memory loss, hepatitis, convulsions, bleeding, etc.)? | <b>Yes</b> | <b>No</b> |

SCORING THE DAST-10<sup>®</sup>

Score: \_\_\_\_\_

Score 1 point for each question answered “yes,” except for question 3 for which a “no” receives 1 point.

DAST-10 Interpretation

<i>Score</i>	<i>Degree of Problems Related to Druge Abuse</i>	<i>Suggested Action</i>
0	No problems reported	None at this time
1-2	Low level	Monitor, re-assess at a later date
3-5	Moderate level	Further investigation
6-8	Substantial level	Intensive assessment
9-10	Severe level	Intensive assessment

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